

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	1	Yumiko	Ueda	374	9	0:17:49	75	92	167	2	0:45:22	94	99	193	11	0:52:52	91	90	181
Female	16-39	2	Geok pheng	Tan	361	8	0:17:36	76	93	169						5	0:49:41	96	96	192
Female	16-39	3	Hui ting	Lim	361	7	0:17:28	77	94	171						6	0:50:33	95	95	190
Female	16-39	4	Abigail	Beynon	360	16	0:19:21	69	85	154	9	0:53:46	80	92	172	7	0:51:07	94	94	188
Female	16-39	5	Helen	Kay	359	5	0:17:27	77	96	173	3	0:47:27	90	98	188	18	0:54:30	88	83	171
Female	16-39	6	Katherine	Boardman	348	10	0:18:13	74	91	165	6	0:51:17	83	95	178	19	0:54:35	88	82	170
Female	16-39	7	Mary siobhan	Gillier	342	20	0:20:00	67	81	148	13	0:53:58	79	88	167	15	0:53:35	89	86	175
Female	16-39	8	Julia claire	Wallace	340	31	0:21:06	64	70	134	7	0:52:16	82	94	176	22	0:56:08	85	79	164
Female	16-39	9	Alexandra	Weir	306	14	0:19:02	70	87	157	16	0:55:42	77	85	162	36	1:00:40	79	65	144
Female	16-39	10	Linda	Lim	303	23	0:20:16	66	78	144						25	0:58:01	83	76	159
Female	16-39	11	Lin hui	Soh	290	19	0:19:59	67	82	149	29	1:02:50	68	72	140	38	1:01:30	78	63	141
Female	16-39	12	Kai ling mitchell	Tan	277	32	0:21:39	62	69	131	21	0:59:20	72	80	152	46	1:08:16	70	55	125
Female	16-39	13	Jingyi	Lim	277	34	0:21:43	62	67	129						33	0:59:51	80	68	148
Female	16-39	14	Wei kee	Teo	270	36	0:21:49	61	65	126	27	1:02:00	69	74	143	45	1:07:53	71	56	127
Female	16-39	15	Karina	Rodrick	267	26	0:20:33	65	75	140	25	1:00:32	71	76	147	49	1:10:34	68	52	120
Female	16-39	16	Tian	Hui	258						35	1:06:47	64	66	130	44	1:07:34	71	57	128
Female	16-39	17	Jia le	See	200	1	0:13:25	100	100	200										
Female	16-39	18	Donna	Mcwilliams	200											1	0:47:55	100	100	200
Female	16-39	19	Samantha qian wei	Ho	200	2	0:14:01	96	99	195	1	0:42:49	100	100	200					
Female	16-39	20	Chua	Kah Kah	198											2	0:48:17	99	99	198
Female	16-39	21	Shih jia janice	Tan	196											3	0:49:00	98	98	196
Female	16-39	22	Anneli	Munkholm	194											4	0:49:33	97	97	194
Female	16-39	23	Priscilla	Khong	186											8	0:51:34	93	93	186
Female	16-39	24	Bee yen	Ang	185	13	0:18:51	71	88	159	4	0:48:27	88	97	185					
Female	16-39	25	Seetoh	Su-Ying	184											9	0:51:55	92	92	184
Female	16-39	26	Andrea yan	Yuen	182											10	0:52:50	91	91	182
Female	16-39	27	Natasha	Watson	181	3	0:16:11	83	98	181										
Female	16-39	28	Wan nghee	Eng	180						5	0:50:43	84	96	180					
Female	16-39	29	Siew yuen	Kee	179											12	0:53:15	90	89	179
Female	16-39	30	Rachel	Oon	178	4	0:16:32	81	97	178										
Female	16-39	31	Carin	Hoogerboord	178											13	0:53:27	90	88	178
Female	16-39	32	Paula	Shannon	177											14	0:53:30	90	87	177
Female	16-39	33	Joanne	Woodward	174											16	0:53:37	89	85	174
Female	16-39	34	Chi wen	Hoe	173											17	0:54:00	89	84	173
Female	16-39	35	Grace leonora	Cornelius	173						8	0:53:44	80	93	173					
Female	16-39	36	Gillian	Gunn	172	6	0:17:28	77	95	172										
Female	16-39	37	Imilda	Sutanto	171						10	0:53:46	80	91	171					
Female	16-39	38	Amanda	Wicken	170	28	0:20:45	65	73	138	11	0:53:47	80	90	170					
Female	16-39	39	Felicia	Chia	169						12	0:53:50	80	89	169					
Female	16-39	40	Shu ling eveleen	Sng	168											20	0:54:51	87	81	168
Female	16-39	41	Julianne	Walker	166											21	0:55:29	86	80	166
Female	16-39	42	Cheryl	Bowler	166						14	0:54:10	79	87	166					
Female	16-39	43	Ai lin diane	Tan	164	11	0:18:14	74	90	164										
Female	16-39	44	Siow hwee	Tan	163						15	0:55:33	77	86	163					
Female	16-39	45	Birgit	Hoelscher	163											23	0:56:26	85	78	163
Female	16-39	46	Irah	Haryanto	162											24	0:56:36	85	77	162

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	47	Aydee	Cruz	160	12	0:18:46	71	89	160										
Female	16-39	48	Min en	Phang	159						17	0:56:50	75	84	159					
Female	16-39	49	Cheah ling	Ho	158											26	0:58:01	83	75	158
Female	16-39	50	Carolyn	De souza	158	27	0:20:38	65	74	139	18	0:56:54	75	83	158					
Female	16-39	51	Geraldine	Ng	156	22	0:20:14	66	79	145	19	0:57:39	74	82	156					
Female	16-39	52	Yin may	Cheok	156	15	0:19:06	70	86	156										
Female	16-39	53	Aslinda	Ali	156											27	0:58:10	82	74	156
Female	16-39	54	Karlina	Karlina	154											28	0:58:49	81	73	154
Female	16-39	55	Debbie	Martin	153											29	0:58:55	81	72	153
Female	16-39	56	Xueling	Lee	153	48	0:25:56	52	53	105	20	0:59:10	72	81	153					
Female	16-39	57	Merilyn	Umboh	152	17	0:19:52	68	84	152										
Female	16-39	58	Trish	Lim	152											30	0:59:14	81	71	152
Female	16-39	59	Katrina	Fernandez	151	33	0:21:39	62	68	130	22	0:59:20	72	79	151					
Female	16-39	60	Kim fong	Cheng	151											31	0:59:23	81	70	151
Female	16-39	61	Sabine	Herrmannsdorfer	150	18	0:19:57	67	83	150										
Female	16-39	62	Yujing	Sun	149											32	0:59:45	80	69	149
Female	16-39	63	Eliyah	Osman	149						23	1:00:14	71	78	149					
Female	16-39	64	Foong har	Moo	148						24	1:00:31	71	77	148					
Female	16-39	65	Shuning	Chang	147	21	0:20:08	67	80	147										
Female	16-39	66	Zahirah	Shaik Khan	146											34	1:00:19	79	67	146
Female	16-39	67	Yu ling	Chan	145											35	1:00:32	79	66	145
Female	16-39	68	Gui hua	Hoong	144						26	1:01:43	69	75	144					
Female	16-39	69	Wan ling	Ow	143	24	0:20:20	66	77	143										
Female	16-39	70	Wee seng	Long	142											37	1:01:17	78	64	142
Female	16-39	71	Elaine	Chua	142	25	0:20:21	66	76	142										
Female	16-39	72	Cheryl	Tan	141	29	0:20:46	65	72	137	28	1:02:42	68	73	141					
Female	16-39	73	Naeyaert	Catherine	139						30	1:02:50	68	71	139					
Female	16-39	74	Wendy	Seow	138						31	1:02:51	68	70	138					
Female	16-39	75	Cindy evelyn	Kurniawan	137											39	1:03:45	75	62	137
Female	16-39	76	Faye marie	Dy-liacco	137						32	1:03:05	68	69	137					
Female	16-39	77	Nicole	Cheong	136											40	1:04:09	75	61	136
Female	16-39	78	Cheryl	Ong	135	30	0:20:55	64	71	135										
Female	16-39	79	Shelley	Verbeeren	134						33	1:05:17	66	68	134					
Female	16-39	80	Ruth sasha	Sambasivan	133											41	1:05:52	73	60	133
Female	16-39	81	Dhalia	Maccallum	132						34	1:06:04	65	67	132					
Female	16-39	82	Salawaty	Buzari	132											42	1:05:54	73	59	132
Female	16-39	83	Xuefen	Ng	130											43	1:06:41	72	58	130
Female	16-39	84	Christine wen nie	Goh	129						36	1:06:50	64	65	129					
Female	16-39	85	Haslinda bte hassan	Na	128	35	0:21:43	62	66	128										
Female	16-39	86	Sher-lin	Mak	125	40	0:23:02	58	61	119	37	1:10:30	61	64	125					
Female	16-39	87	Gina	Lim	125	37	0:22:04	61	64	125										
Female	16-39	88	Siew lee	Thong	124											47	1:08:45	70	54	124
Female	16-39	89	Khalijah	Masud	123	38	0:22:26	60	63	123										
Female	16-39	90	Li li	Wong	122						38	1:12:37	59	63	122					
Female	16-39	91	Maureen	Bouda	122											48	1:09:10	69	53	122
Female	16-39	92	Meiqi	Huang	121	39	0:22:45	59	62	121										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	16-39	93	Lau hui san	Lau	120						39	1:13:20	58	62	120					
Female	16-39	94	Shu yun	Ong	117											50	1:12:22	66	51	117
Female	16-39	95	Sri	Muljadi	117	41	0:23:43	57	60	117										
Female	16-39	96	Wanzhen	Ng	116											51	1:12:22	66	50	116
Female	16-39	97	Salena	Zainuddin	115	42	0:23:53	56	59	115										
Female	16-39	98	Hwee peng	Sim	114						40	1:20:32	53	61	114					
Female	16-39	99	Manisha	Seewal	114	43	0:23:55	56	58	114										
Female	16-39	100	Rossidah bte	Dawood	112	44	0:24:21	55	57	112										
Female	16-39	101	Roxanne yingwei	Toh	111											52	1:16:46	62	49	111
Female	16-39	102	Jasmine	Lee	111	45	0:24:30	55	56	111										
Female	16-39	103	Jennifer	Non	108	46	0:25:10	53	55	108										
Female	16-39	104	Hui khoon	Chua	107	47	0:25:18	53	54	107										
Female	16-39	105	Wei qi	Zhang	102	49	0:26:56	50	52	102										
Female	16-39	106	Johanna marie	Carlas	100	50	0:27:28	49	51	100										
Female	16-39	107	Lonna	Mclaughlin	98											53	1:36:00	50	48	98
Female	16-39	108	Esther	James	97	51	0:28:47	47	50	97										
Female	16-39	109	Rowena	Buenaventura	96	52	0:28:51	47	49	96										

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Female	40+	1	Anna louise	Thompson	400	2	0:16:56	99	99	198	1	0:44:24	100	100	200	1	0:46:49	100	100	200
Female	40+	2	Annabel	Mcgovern	397	1	0:16:50	100	100	200	3	0:50:23	88	98	186	2	0:47:55	98	99	197
Female	40+	3	Ann marie	Williams	373	4	0:18:08	93	97	190						5	0:53:57	87	96	183
Female	40+	4	Theresa	Wakamatsu	372	7	0:19:09	88	94	182	4	0:50:56	87	97	184	3	0:52:18	90	98	188
Female	40+	5	Effi	Jono	356	5	0:18:44	90	96	186						12	0:57:41	81	89	170
Female	40+	6	Lorinne	Kon	354	8	0:19:56	84	93	177						7	0:56:12	83	94	177
Female	40+	7	Suet kian	Chua	326	10	0:21:20	79	91	170						19	1:03:40	74	82	156
Female	40+	8	Devi	Sambandan	295	11	0:25:02	67	90	157						21	1:21:19	58	80	138
Female	40+	9	Emily	Loh	195	3	0:17:17	97	98	195										
Female	40+	10	Louise	Bentley	192						2	0:47:38	93	99	192					
Female	40+	11	Lynette	Ong	186											4	0:52:49	89	97	186
Female	40+	12	Nicola	Riswadkar	184	6	0:18:54	89	95	184										
Female	40+	13	Hwee koon	Chua	182											6	0:53:59	87	95	182
Female	40+	14	Miew ngan diana	Tham	178						5	0:54:12	82	96	178					
Female	40+	15	Joanna	Lin	176											8	0:56:13	83	93	176
Female	40+	16	Huey lih	Heng	175											9	0:56:38	83	92	175
Female	40+	17	Anja	Winther	174											10	0:56:39	83	91	174
Female	40+	18	Ruth	Eldridge	172						6	0:57:57	77	95	172					
Female	40+	19	Rachel	Conejos Yap	172											11	0:57:12	82	90	172
Female	40+	20	Robyn	Rudd	171	9	0:21:13	79	92	171										
Female	40+	21	Nyuk yin heather	Lim	168											13	0:58:27	80	88	168
Female	40+	22	Vivian chen	Pei	166											14	0:59:27	79	87	166
Female	40+	23	Ee vei	Loo	164											15	0:59:45	78	86	164
Female	40+	24	Lee yeon	Ling	164						7	1:03:02	70	94	164					
Female	40+	25	Chee yoong hua	Chee	161											16	1:01:18	76	85	161
Female	40+	26	Celedonia macatangay	Sto domingo	160						8	1:06:13	67	93	160					
Female	40+	27	Valerie	Brett	158											17	1:03:15	74	84	158
Female	40+	28	Claire	Tidy	157											18	1:03:21	74	83	157
Female	40+	29	Siew koon francine	Lim	149											20	1:09:03	68	81	149

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	1	Tingfu	Goh	392	2	0:13:01	95	99	194	1	0:39:06	100	100	200	4	0:39:24	95	97	192
Male	16-39	2	Joel jun jie	Wong	386						4	0:41:11	95	97	192	2	0:39:19	95	99	194
Male	16-39	3	Lovelino jr	Arboleda	373	4	0:13:36	91	97	188	2	0:39:34	99	99	198	13	0:42:48	87	88	175
Male	16-39	4	Michael	Venzke	356	7	0:14:56	83	94	177						10	0:42:15	88	91	179
Male	16-39	5	Farhan bin aidil	Farhan	332	8	0:15:29	80	93	173	7	0:43:17	90	94	184	30	0:48:44	77	71	148
Male	16-39	6	Chow xi long jeremy	Chow	330	37	0:20:32	60	64	124	6	0:43:12	91	95	186	33	0:49:23	76	68	144
Male	16-39	7	Ryan	Fong jun yen	316	17	0:17:39	70	84	154	11	0:45:20	86	90	176	36	0:49:56	75	65	140
Male	16-39	8	Eric	Pauchet	309						18	0:48:24	81	83	164	32	0:49:19	76	69	145
Male	16-39	9	Muhammad	Ashiq chu	307	34	0:20:07	62	67	129	14	0:47:05	83	87	170	38	0:50:15	74	63	137
Male	16-39	10	Kien seng	Yow	302	18	0:17:41	70	83	153	9	0:44:56	87	92	179	49	0:52:38	71	52	123
Male	16-39	11	Jonathan	Ng	302	51	0:33:48	37	50	87	12	0:45:28	86	89	175	46	0:51:47	72	55	127
Male	16-39	12	Fadhli	Ong	285	16	0:17:32	71	85	156	24	0:51:06	77	77	154	44	0:51:45	72	57	129
Male	16-39	13	Wen jun hector	Phan	266	22	0:18:04	69	79	148	30	0:54:56	71	71	142	53	0:53:39	70	48	118
Male	16-39	14	Mermert	Gregory	258	50	0:24:30	51	51	102	37	1:01:33	64	64	128	43	0:51:39	72	58	130
Male	16-39	15	Wei bang	Siew	252	35	0:20:10	61	66	127	27	0:53:06	74	74	148	63	0:56:19	66	38	104
Male	16-39	16	Kok kwang	Seah	252	39	0:20:48	60	62	122	28	0:53:39	73	73	146	62	0:56:04	67	39	106
Male	16-39	17	Cheng cheong	Wong	241	30	0:19:38	63	71	134	29	0:54:18	72	72	144	68	0:58:14	64	33	97
Male	16-39	18	Sufyan tsuri	Chik latif	231	25	0:18:17	68	76	144	34	0:59:17	66	67	133	74	1:02:05	60	27	87
Male	16-39	19	Siew kwan	Tang	216	41	0:21:00	59	60	119	33	0:58:39	67	68	135	79	1:03:11	59	22	81
Male	16-39	20	Adrian	Chng	211	32	0:19:49	62	69	131	32	0:58:14	67	69	136	82	1:06:32	56	19	75
Male	16-39	21	Ming kwok	Leong	210	40	0:20:59	59	61	120						72	1:01:22	61	29	90
Male	16-39	22	Ming rong gary	Yeo	202	42	0:21:06	59	59	118	36	1:01:17	64	65	129	83	1:07:43	55	18	73
Male	16-39	23	Brian	Tan	200											1	0:37:23	100	100	200
Male	16-39	24	Goh	Soon lee	200	1	0:12:23	100	100	200										
Male	16-39	25	Jens	Poehlker	195	9	0:15:45	79	92	171	3	0:40:15	97	98	195					
Male	16-39	26	Qi zhi	Tan	193	3	0:13:03	95	98	193										
Male	16-39	27	Thomas lee	Lee	193											3	0:39:23	95	98	193
Male	16-39	28	Litai jeremiah	Chen	190											5	0:39:36	94	96	190
Male	16-39	29	Matthew	Pinkston	189											6	0:39:40	94	95	189
Male	16-39	30	Goh yu chen	Goh	188						5	0:42:29	92	96	188					
Male	16-39	31	Jiayu	Tan	187											7	0:40:17	93	94	187
Male	16-39	32	Zhong junyuan		186	5	0:13:48	90	96	186										
Male	16-39	33	Chin en	Wee	183											8	0:41:44	90	93	183
Male	16-39	34	Alan	Chu	183	6	0:14:08	88	95	183										
Male	16-39	35	Chee yeong	Thng	182						8	0:44:00	89	93	182					
Male	16-39	36	Denesh	Thulasidharan	181											9	0:42:06	89	92	181
Male	16-39	37	Atticus	Yeo	178											11	0:42:27	88	90	178
Male	16-39	38	Christopher	Cockburn	178						10	0:45:12	87	91	178					
Male	16-39	39	Jonathan	Mok	177											12	0:42:35	88	89	177
Male	16-39	40	Tai hong	Tan	173						13	0:45:49	85	88	173					
Male	16-39	41	Hock leong	Quek	173											14	0:43:20	86	87	173
Male	16-39	42	Ashok	Loganathan	173	48	0:23:52	52	53	105						85	1:11:18	52	16	68
Male	16-39	43	Jason	Wells	172											15	0:43:26	86	86	172
Male	16-39	44	Tan	Gary	170											16	0:43:58	85	85	170
Male	16-39	45	Choon hock	Ong	169	10	0:15:48	78	91	169										
Male	16-39	46	David	Lui	169						15	0:47:08	83	86	169					

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	47	Bernard	Johnson	169										17	0:44:09	85	84	169	
Male	16-39	48	Sheng yung	Ho	168						16	0:47:09	83	85	168					
Male	16-39	49	Matthieu	Chapeleau	168	11	0:15:54	78	90	168										
Male	16-39	50	Chern meng	Chong	167															
Male	16-39	51	Akmal	Omar	166						17	0:47:33	82	84	166	18	0:44:22	84	83	167
Male	16-39	52	Chiu	Kiao hao	165	12	0:16:23	76	89	165										
Male	16-39	53	Alvin	Tham	164											19	0:45:42	82	82	164
Male	16-39	54	Shafiq saini	Muhd	163	26	0:18:22	67	75	142	19	0:48:27	81	82	163					
Male	16-39	55	Kian hao	Chiu	163											20	0:45:51	82	81	163
Male	16-39	56	Mohammad ally	Hersoo	162	28	0:19:29	64	73	137	20	0:48:27	81	81	162					
Male	16-39	57	Khairul anwar	Muhammad	161	29	0:19:36	63	72	135	21	0:48:28	81	80	161					
Male	16-39	58	Dominic	Heng	161											21	0:46:09	81	80	161
Male	16-39	59	Melvin	Foo cheng loong	161	13	0:16:53	73	88	161										
Male	16-39	60	Vi pin	Koa	160											22	0:46:11	81	79	160
Male	16-39	61	Junyuan	Zhong	159											23	0:46:12	81	78	159
Male	16-39	62	Tan	Jun wei	159	14	0:17:14	72	87	159										
Male	16-39	63	Alex	Lim	158						22	0:49:42	79	79	158					
Male	16-39	64	Lin hong	Choo	158											24	0:46:14	81	77	158
Male	16-39	65	Cheok foong	Wong	157	15	0:17:28	71	86	157										
Male	16-39	66	Jonathan ching loong	Woon	155											25	0:47:32	79	76	155
Male	16-39	67	Mas yani bin mohamed	Mohamed	155						23	0:50:56	77	78	155					
Male	16-39	68	Sebastien	Lay	154											26	0:47:37	79	75	154
Male	16-39	69	Kartai	Koh	152											27	0:48:01	78	74	152
Male	16-39	70	Luke	Donnelly	152	19	0:17:45	70	82	152										
Male	16-39	71	Alexander	Vayl	151	20	0:17:45	70	81	151										
Male	16-39	72	Kuok siong richard	Wong	150											28	0:48:24	77	73	150
Male	16-39	73	Eric	Quijano sto domingo	150						25	0:52:34	74	76	150					
Male	16-39	74	Teck leong clarke	Wan	149											29	0:48:35	77	72	149
Male	16-39	75	Michael james	Sepulveda	149	44	0:21:11	58	57	115	26	0:53:04	74	75	149					
Male	16-39	76	Imran	Mohd hashim	149	21	0:17:59	69	80	149										
Male	16-39	77	Kok yang gideon	Sim	146											31	0:49:17	76	70	146
Male	16-39	78	Doobee	Chan	146	23	0:18:05	68	78	146										
Male	16-39	79	Hong sheng	Ng	145	24	0:18:16	68	77	145										
Male	16-39	80	Ray	Xie	142											34	0:49:33	75	67	142
Male	16-39	81	Andreas	Uhde	141											35	0:49:34	75	66	141
Male	16-39	82	Peter james	Maccallum	141						31	0:54:58	71	70	141					
Male	16-39	83	Qian	Tao	139											37	0:50:01	75	64	139
Male	16-39	84	Yu qi	Ong	139	27	0:19:00	65	74	139										
Male	16-39	85	Goh hong kiat	Goh	136											39	0:50:30	74	62	136
Male	16-39	86	Xavier	Faurens	135											40	0:50:46	74	61	135
Male	16-39	87	Winston	Soh	133											41	0:51:29	73	60	133
Male	16-39	88	Yin khiam	Chua	133	31	0:19:47	63	70	133										
Male	16-39	89	Adam	Mokhti Abas	132											42	0:51:31	73	59	132
Male	16-39	90	Daniel	Kalai	131						35	0:59:51	65	66	131					
Male	16-39	91	Adrian kok wui	Tan	130	33	0:19:52	62	68	130										
Male	16-39	92	Jit ern jonathan	Tan	128											45	0:51:45	72	56	128

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	16-39	93	Alvin	Pang	126										47	0:52:16	72	54	126	
Male	16-39	94	Alvin	Choo	126	36	0:20:19	61	65	126										
Male	16-39	95	Arrow	Chan	126															
Male	16-39	96	Bin	Dong	124															
Male	16-39	97	Bharatesh	Kumar	123	38	0:20:43	60	63	123										
Male	16-39	98	Alex	Budiman	123															
Male	16-39	99	Kian loong	Ang	122															
Male	16-39	100	Lee	Rivera	121															
Male	16-39	101	Hock seng	Lim	119															
Male	16-39	102	Yu veng dominic	Cheong	117	43	0:21:07	59	58	117										
Male	16-39	103	Vikram	Balasubramanian	117															
Male	16-39	104	Ramesh pulandaran	Pulandaran	115															
Male	16-39	105	Justin	Gan	114															
Male	16-39	106	Ying kai	Chua	113	45	0:21:50	57	56	113										
Male	16-39	107	Marcos	Boado	113															
Male	16-39	108	Yue sun	Yiu	111															
Male	16-39	109	"hsiang ann, basil"	Lee	111	46	0:22:17	56	55	111										
Male	16-39	110	Iskandarzulkarnain	Raman	109															
Male	16-39	111	See chian	Lim	109															
Male	16-39	112	Seng chuan	Tham	108															
Male	16-39	113	Heruarto	Salim	107	47	0:23:32	53	54	107										
Male	16-39	114	Kris aidil abduallah	Abdullah	107															
Male	16-39	115	Faizul	Dzulkifli	104	49	0:23:57	52	52	104										
Male	16-39	116	Fariz husna sajani	Sajani	103															
Male	16-39	117	Lim	Seow Lye	102															
Male	16-39	118	Joshi	Kuntal	100															
Male	16-39	119	Chen	Jiadong	98															
Male	16-39	120	Muhammad azhar	Azhar	96															
Male	16-39	121	Michael	Distel	94															
Male	16-39	122	John boon lim	Tey	91															
Male	16-39	123	Aidil	Idris	88															
Male	16-39	124	Teng seah	Chua	86															
Male	16-39	125	Wilson	Lee	85	52	0:34:13	36	49	85										
Male	16-39	126	Anil andre	Ratos	84															
Male	16-39	127	Chee koon	Chng	83															
Male	16-39	128	Chieh	Hsu	82															
Male	16-39	129	Yoon chun	Ng	79															
Male	16-39	130	Wilky	Purwadarwinto	78															
Male	16-39	131	Eric	Purwoko	72															
Male	16-39	132	Feng rong kenneth	Quek	67															

Category			First Name	Last Name	POINTS	Aquathlon					Duathlon					Triathlon				
Gen.	Cat.	Pos.				Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total	Pos.	Time	Time	Rank	Total
Male	40+	1	Carl	Chan	400	1	0:12:37	100	100	200	1	0:37:31	100	100	200	1	0:37:06	100	100	200
Male	40+	2	Yuen chee	Kiong	320	9	0:19:47	64	96	160	2	0:50:36	74	99	173	20	0:56:19	66	81	147
Male	40+	3	Sambandan	V gyana	273	11	0:24:01	53	94	147						31	1:06:33	56	70	126
Male	40+	4	Hong yew	Lok	183											2	0:44:16	84	99	183
Male	40+	5	Kian boon	Chua	179											3	0:46:02	81	98	179
Male	40+	6	Jit shiew	Han	176											4	0:46:52	79	97	176
Male	40+	7	Sean chee hong	Chong	174											5	0:47:37	78	96	174
Male	40+	8	Joseph	Grant	171											6	0:48:50	76	95	171
Male	40+	9	Cesar enrique	Larriva rosales	170	2	0:17:46	71	99	170										
Male	40+	10	Kum wah	Loh	169											7	0:49:24	75	94	169
Male	40+	11	Kok tar choong eric	Kok	168	3	0:18:06	70	98	168										
Male	40+	12	William	Chew	168	5	0:18:35	68	100	168	4	0:56:19	67	97	164					
Male	40+	13	Peng cheng	Loo	167											8	0:50:01	74	93	167
Male	40+	14	Lim mong	Tan	166	6	0:18:56	67	99	166										
Male	40+	15	Kai lim	Loy	166						3	0:55:08	68	98	166					
Male	40+	16	Fang peng	Kow	166											9	0:50:07	74	92	166
Male	40+	17	Siew teng clement	Chong	166	4	0:18:25	69	97	166										
Male	40+	18	Paul	Rudd	165	7	0:18:57	67	98	165										
Male	40+	19	Sweeyin	Koh	164											10	0:50:46	73	91	164
Male	40+	20	Brian	Mccann	163											11	0:51:05	73	90	163
Male	40+	21	Eugene	Chin	163	8	0:19:09	66	97	163										
Male	40+	22	Chee koon	Chng	162	10	0:20:18	62	95	157	5	0:56:46	66	96	162					
Male	40+	23	Eng wah francis	Tan	160											12	0:52:26	71	89	160
Male	40+	24	Dennis	Lim	158											13	0:52:45	70	88	158
Male	40+	25	Sang soon	Chew	157											14	0:52:48	70	87	157
Male	40+	26	Say hoch	Tan	156											15	0:52:57	70	86	156
Male	40+	27	Asnadi	Robani	156						6	1:01:23	61	95	156					
Male	40+	28	Chih ming	Lam	155											16	0:53:10	70	85	155
Male	40+	29	Christopher	Salmon	153											17	0:53:53	69	84	153
Male	40+	30	Tan bin chiang	Tan	151											18	0:54:16	68	83	151
Male	40+	31	Alan soo yuen	Lee	148											19	0:56:08	66	82	148
Male	40+	32	Jimmy hwee kim	Ng	145											21	0:56:54	65	80	145
Male	40+	33	Lars	Biese	144											22	0:57:15	65	79	144
Male	40+	34	Swee chong	Heng	143											23	0:57:26	65	78	143
Male	40+	35	Teong soon	Chuah	141											24	0:58:13	64	77	141
Male	40+	36	Kan min	Liew	139											25	0:58:54	63	76	139
Male	40+	37	Sui liang jeffrey	Tan	136											26	1:00:23	61	75	136
Male	40+	38	Manikam	Athian	135											27	1:01:18	61	74	135
Male	40+	39	Kevin	Jones	132											28	1:03:20	59	73	132
Male	40+	40	Chee kong	Woo	129											29	1:05:10	57	72	129
Male	40+	41	Paul	Heavey	128											30	1:05:37	57	71	128
Male	40+	42	Rodney	Gardner	124											32	1:07:15	55	69	124